



“The Assumption of Mary into Heaven in Body and Soul”...

FROM THE BOOK OF REVELATION:

“The woman was given the two wings of the great eagle, so that she could fly to her place in the desert, where, far from the serpent, she was taken care of for a year, two years, and a half-year.”
(Rev.12:14)¹

MEDITATION ON THE MYSTERY:

Before being taken up into heaven for all eternity as Mary was, let us make use of this “place in the desert,” this refuge of prayer and silence, to ask the Lord what his blessed will is for us: so that we can be taken up ever more fully into his divine plan while we are still here on earth. (cf. SLC, p. 42A)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to taking refuge in the silence, the *Franciscan Omnibus of Sources* says: “Francis left the town and sought out a place where he could be alone... There in solitude and silence he would be able to hear God’s secret revelations.”

(BONAVENTURE, *Major Life*, II, 5, in: *St. Francis of Assisi. Writings and Early Biographies. English Omnibus of the Sources for the Life of St. Francis*, I, edited by M. A. Habig, St. Anthony Messenger Press, Cincinnati [OH] 2008, p. 643)

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...